

## Breakfast after the Bell FAQ

Below are answers to the questions were asked in response to the survey

- 1. How long would children have to eat during homeroom and would it be a distraction for the teacher and the other children?**
  - a. Students would have approximately 15 minutes to eat their breakfast. Food would need to be done and away prior to the start of learning time.
- 2. I would like to know if this means all children will be able to eat breakfast during homeroom, even if they brought one from home. Please clarify.**
  - a. Students would be permitted to bring breakfast from home and also eat during homeroom. We would ask that parents send the students with breakfast that does not require utensils and can be easily packed and cleaned up.
- 3. How much would the cost be per day?**
  - a. Cost would be according to the established school breakfast program.  
\$1.25 at full cost  
\$0.30 for eligible students and free for those who qualify.
- 4. Are there drinks with the breakfast?**
  - a. The complete breakfast would include a juice. Milk is always available as well.
- 5. Would they still have snack time?**
  - a. The breakfast program will not impact snack time for the grades that have it.
- 6. Perhaps additional options for breakfast to have more of a variety even premium options such as wheat bagels, oatmeal, French toast, Greek yogurt, parfait, fruit salad, breakfast sandwiches, etc.**
  - a. If the program is successful additional grab and go options may be considered.
- 7. All items mentioned are sugar and starch based which will leave the kids drowsy from their eventual sugar crash an hour later, how about some fresh fruit and protein based options rather than white bagels and sugar filled cereals?**
  - a. All breakfast options must meet federal school nutrition guidelines. Fresh fruit will be available, cereals are all whole grain, reduced sugar varieties and the bagels are all whole grain and not white. More protein based options are being considered as additional menu items.
- 8. The concern is how much time will this take from the start of the instructional day?**
  - a. The program will not impact instructional time.
- 9. What is the impact on teachers and students who will not be eating during that time?**
  - a. All students will have the option to purchase or bring breakfast. Hopefully it will encourage all students to eat.
- 10. Would food in the classrooms on an everyday basis be attracting bugs?**
  - a. Proper cleanup will occur to ensure proper sanitary conditions and alleviate the concern of bugs.
- 11. Would school costs or parent costs/contributions rise at all?**
  - a. This will have no impact on parent costs. The program is optional for all students and is merely meant to increase the opportunity for students to have breakfast in the morning.